

LAKE ATHLETIC DEPARTMENT



ATHLETIC HANDBOOK 2011/12

LAKE LOCAL SCHOOLS
ATHLETIC HANDBOOK – 2011/12
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ATHLETIC HANDBOOK

This handbook is being presented to you because your son/daughter desires to participate in interscholastic athletics at Lake Local Schools. You have also expressed your willingness to permit him/her to compete. Your family's interest in this phase of our school program is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences, which assist students in personal growth and development.

The Lake Local School District is interested in the development of young men and women through athletics. We feel that a properly controlled, well-organized sports program meets students' needs for self-expression, mental, and physical growth. It is our hope to maintain a program that is sound in purpose, and will further each students' educational maturity.

Likewise, we believe that you have committed yourselves to certain responsibilities and obligations as a parent(s)/guardian(s)/custodian(s) of an athlete. We would like to take this opportunity to acquaint you with specific policies that are necessary for a well-organized program of athletics.

It is the role of the Athletic Council to make rules governing interscholastic competition. These rules need broad based community support to be fully effective. This is achieved only through communication between the Athletic Department and the parent(s)/guardian(s)/custodian(s) of our athletes. It is our hope to accomplish this objective through this athletic handbook for students, parents and coaches.

1. ACKNOWLEDGMENT OF ATHLETIC POLICIES

- A. We believe that the responsibility of an athlete to his/her fellow athletes is a year-round commitment and does not end with the season. Therefore, the Athletic Handbook is in effect for 12 months (24 hours a day, 7 Days a week, 52 weeks of the year) beginning with the signed date on the Informed Consent Agreement.
- B. Each student and parent/guardian shall read all of the enclosed material and certify that they understand the Drug/Alcohol Policies and other Athletic Handbook Policies of the Lake Local School District. The signed informed consent waiver will be filed in the Athletic Director's office.

2. ACTIVITY FEES

- A. The Lake Local School District has implemented a pay to participate program designed to reduce costs to the general fund for operating co-curricular & extra-curricular activities. **Parents & students are advised that payment of fees does not automatically insure playing/participation time.**
 1. If a student cannot afford the fee(s) and he/she qualifies for the Free & Reduced Lunch Program, fees shall be waived in full for students qualifying for Free and fees shall be waived by 50% for students qualifying for reduced lunch.
 2. Free & Reduced Lunch/Activity Fee Forms must be re-submitted each summer, prior to activity. Contact Food Services for more info. Free or reduced fees do not apply to summer programs, elementary programs, camps, etc.
 3. Activity fee collection dates are set by the Athletic Department and generally occur after the team rosters are set in the first week of practice.
 4. Student participation will cease if payment has not been received by (1) week after the collection date.
 5. No refund will be issued if a student quits or is dismissed from an activity.
 6. No refund will be issued if a student becomes academically ineligible at any time.
 7. No refund will be issued for season ending injuries, after the first game. A full refund will be granted if an athlete sustains a season ending injury prior to the start of scheduled contests. A physician's note may be required.
 8. If minimum numbers for teams are not met by a date to be determined, the activity may be canceled.

B. PAY TO PARTICIPATE FEES - ATHLETICS:

1. Fees are set by the Board of Education and can be found on the athletic web page.
2. Checks are made payable to: Lake Local Schools.

3. ADMISSION PRICES & PASSES (admission prices are set by the Northern Buckeye Conference)

A. EVENT CHARGES (Fall & Winter)

	<u>Adult</u>	<u>Student</u>
1. High School Contests	\$6	\$4
2. Separate Freshmen or JV Contests	\$4	\$2
3. Middle School Contests	\$4	\$2
4. OHSAA Tournaments	\$6	\$4
5. Annual Passes	\$175	\$150
6. Family Pass	\$350	

B. GREY FLYER ATHLETIC PASS **FREE**

1. Senior Citizens over 65 yrs. old & living in Lake Twp.
2. Send a copy of driver's license to the athletic office for verification.

C. PASS USAGE & RESTRICTIONS:

1. Those who have been granted a pass, will have their name added to a list. This list will be present at the ticket seller's table, where your name will be checked off. You may be required to show proof of identity. Some passes may be valid for only a season, not year.
2. Lake Schools Athletic Passes are not accepted for admission into any away contests, tournaments or special functions.

4. ATHLETIC TRAINING SERVICES

- A. A certified athletic trainer is generally available in the high school from 2:15-6:30 PM, Mondays thru Fridays, and at most home varsity contests. Because of time & financial constraints, most middle school contests cannot be covered.

5. ATTENDANCE-PARTICIPATION POLICY

A. TO SCHOOL

1. In order to participate in a school-day practice or contest, a student athlete must be in attendance by 8:30 AM (10:00 AM for 2 hr. delays), and remain in attendance until the end of the school day.
2. Field trips, alternate learning experiences, medical/dental appointments, and special family situations may be excused by an administrator.

B. SUSPENSION FROM SCHOOL

1. Any student-athlete suspended/expelled from school or serving an in-school suspension, due to a student conduct violation, will be denied practice and/or contest participation privileges, during the period of suspension.

C. TO PRACTICE/CONTESTS (attendance during snow/ice calamity days are not mandatory)

1. Excused Absence from Practice/Contest:
 - a. Advance notice from athlete in writing to the appropriate coach.
 - b. Reason considered unavoidable and excusable by the coaches.
 - c. Penalty - Athlete may miss necessary mental and physical preparation for contest, resulting in non-participation in that contest. Athlete may be required to make-up lost time. Consequence is determined by the coach.
2. Unexcused Absence from Practice/Contest:
 - a. All absences not falling into the excused category above.
 - b. Penalty - First offense - suspension from next 1-2 contests. Second offense - suspension for the remainder of season.
3. Holidays/Vacations:
 - a. Vacations - If an athlete is going on a family vacation with parent/guardian or is attending a school-related activity during a school recess, advance notice must be given to the coach by the first day of official team practice. Coaches determine consequences for missed practices/contests.
 - b. Excused – see 1c
 - c. Unexcused – see 2b

6. AWARDS / RECOGNITION POLICIES

A. AWARDS PROGRAMS

1. At the conclusion of each season, the Athletic Dept. conducts awards assemblies/programs for athletes grades 7-12.
2. Middle school students receive participation award certificates at school assemblies during school hours.
3. High school athletes receive various awards at an awards program, scheduled in the evening.

B. AWARDS PROGRAM PARTICIPATION POLICY

1. If any student athlete, at the conclusion of the season, is not a team member in good standing as a result of not proving substantial effort to complete the required educational assistance program or assessment and follow-up program, the athlete could forfeit the privilege to attend the awards program and to receive all letters and/or awards.
2. If any student athlete, at the conclusion of the season, has not turned in all uniforms/equipment, the athlete may be denied any awards until this obligation has been met.
3. A student athlete who has been disciplined/ejected at the end of a season for a behavior conduct violation, may be denied attendance to the awards program.

C. PARENT NIGHT

1. During the Fall and Winter seasons, the Athletic Department conducts senior parent recognition nights during a selected athletic contest. At these activities seniors are introduced with their parents with a brief (because of time constraints) biography read of what the student has accomplished. In addition, these same individuals have the opportunity to purchase pictures taken prior to the activity.

D. TYPES OF AWARDS

1. Varsity Letter:
It is desired that the letter “L” be something the athlete must earn by athletic ability, but not be so unattainable that only the outstanding athlete can achieve it. It is also desired that the coach of each sport have a large amount of leeway in determining who receives the letter. Coach’s individual letter policies will be given to the athletes prior to the start of the season. These letter requirements are also kept on file in the Athletic Office.
2. Reserve Certificates:
A certificate presented at the Awards Program, to athletes for participation in junior varsity level sports.
3. Participation Certificates:
A certificate presented at the Awards Program, to athletes for their participation in a various athletic program.
4. Freshmen Numerals: Numbers indicating year of graduation are presented to Freshmen completing their season.
5. All-Academic Awards: (seniors only)
Leagues and associations have different qualifying criteria as to their selections. Generally there is a minimal G.P.A. required over a cumulative period, not a current grading period. These awards are only given to seniors and are presented certificates at the Awards Program.
6. All-League Awards: (varsity level)
All-league selections are conducted by the head coaches within the league of that sport. Keep in mind that our school is only (1) vote. All-league recipients will receive a certificate, presented at the Awards Program.
7. All-District Awards: (varsity level)
All-district selections are conducted by the head coaches within the northwest district of that sport. Keep in mind that our school is only (1) vote.
 - a. There are other forms of all-district honors, such as; Associated Press and other local newspapers selections. Certificates are generally presented to these individuals at the Awards Program. Some associations invite the winners to a banquet.
8. State Awards: (varsity level)
The media, coaches association, or other agencies select these awards.
9. MVP/MIP Awards: (varsity level)
Most valuable and most improved awards are selected by their teammates (with some coach control) in each sport. These selections receive a plaque at the Awards Program.
10. School Records Awards: (varsity level)
Current school records for each sport are posted in the cafeteria hallway. When an athlete breaks or ties a school record, they are presented with a plaque at the Awards Program. Career records are awarded after completion of their senior season.
11. Scholar-Athlete: (seniors only)
At the Academic Awards Program, a senior boy and girl are presented with a certificate for achieving the highest G.P.A. and at least (4) varsity letters in various sports.
12. Sportsmanship Award: (seniors only)
At the Spring Athletic Awards Program, a senior boy and girl are presented with a certificate for exhibiting exemplary sportsmanship throughout their years in athletics. Award winners are selected by the entire head coaching staff of Lake High School.
13. Outstanding Senior Athlete:
At the Spring Athletic Awards Program, a senior boy and girl are presented with a plaque for displaying outstanding athletic achievements/performances throughout their years in athletics. Award winners are selected by the entire head coaching staff of Lake High School.

14. Hall of Fame (individual):
Members of the current Hall of Fame are displayed throughout the Sports Plaza. A selection committee of (7) members uses very stringent procedures to select members to this elite group. Anyone may nominate an individual for consideration. Nomination forms can be found in the Athletic Office.
15. Hall of Fame (team):
Members of the current Team Hall of Fame are displayed throughout the Sports Plaza. A selection committee of (7) members uses very stringent procedures to select teams to this elite group. There is no nomination process for this award.
16. Managers Award:
All students who have been selected to compile statistics for a sports team must do so satisfactorily for the entire season and is entitled to the appropriate awards for that sport. Any student who manages satisfactorily for the entire sports season is entitled to the appropriate awards for that sport.

E. WEARING OF AWARDS POLICY

1. It is the firm belief of the Lake Athletic Department that awards earned should be worn with dignity and class. Athletes are to display their awards in such a manner and are expected to behave in an appropriate manner when wearing them; the athlete represents the team and the school when wearing the award - actions that detract from a positive image will not be accepted.

7. BOOSTER CLUBS

A. FLYER CLUB

1. The Flyer Club is an adult volunteer group dedicated to promoting the well being of Lake Township student-athletes through the continual improvement of athletic facilities and programs. Membership in this club demonstrates an unselfish willingness to volunteer on projects designed to enhance our athletic programs. Dedicated members will demonstrate positive attitudes and will work together to enhance the experiences of our student-athletes involved in Lake Athletics. *Non-tax dollar funding* for the Flyer Club comes from private donations, Pepsi sales and the Annual Lake Golf Outing in June. Services for which this volunteer group provides are as follows:
2. Flyer Club Services:
- | | | | |
|-----------------------|----------------------|---------------|----------|
| -field painters | -concession captains | -construction | -welding |
| -scoreboard operators | -chain crew | -concrete | |
| -scoreboard timers | -line judges | -electrical | |
| -announcers | -video | -painting | |
| -spotters | -statisticians | -security | |
| -scorebook keepers | -ticket takers | -plumbing | |
3. Those interested in volunteering services, materials, equipment or money towards athletic projects can gain further information by contacting the Athletic Office.

B. ATHLETIC BOOSTERS

1. The Athletic Boosters Club was formed to promote and assist the athletes of Lake Local Schools. The Boosters meet the first Monday of each month at 7:00 PM in the high school cafeteria. All parents are encouraged to attend. Booster memberships cost \$25 or \$50, depending on level chosen.
2. *The Boosters are the sole provider of the uniforms worn by our athletes.* Major fundraising activities include the Reverse Raffle, 200 Club, 50/50 raffles and concessions. The meetings held each month help to organize these activities. In addition to providing funds that are vital to our athletes, the Boosters are also heavily involved in making the many tournaments hosted by Lake a tremendous success. Please continue to say "yes" when you are asked to help, and consider attending a meeting to help on the organizational level. Your son or daughter benefits directly from the efforts of this group of volunteers.

3. CONCESSION STAND WORKER POLICY

- a. Parents are required to work (1) game as a concession stand volunteer during each season in which their child participates. Parents will complete a sign-up form and will be contacted regarding their assigned game.

8. CANCELLATIONS POLICY – INCLEMENT WEATHER

A. SEVERE WEATHER

1. Tornado Warnings:

- a. All athletic activities will be suspended when a “Tornado Warning” exists in either Wood County or any county for which a team is traveling to. Upon notification of a Tornado Warning all student-athletes will be immediately directed to the nearest safe structure and remain there until the all clear is given.
- b. Coaches are advised if their team is off campus and the potential exists for severe weather, that they inquire from the opposing school as to where the team can seek shelter if needed. This should be done upon arrival to the off campus site. No bus will depart and travel into or through the path of a county under a Tornado Warning.

2. Severe Thunderstorms:

- a. All athletic activities should be suspended when lightning is detected or a clap of thunder can be heard in the area of participation. Student-athletes should be moved to a safe location until at least (30) minutes after the last lightning strike is detected or clap of thunder is heard.

B. FALL SEASON

1. School closures due to fog generally will not cause any cancellations at the high school. However, fog closures at the middle school level may result in activities being canceled. Golf matches may incur cancellations due to rainy weather. The decision to cancel is generally made by 2:00 PM and placed on the *Lake Sportsline: 419-661-6692 or sent via Honeywell Alert System*

C. WINTER SEASON

1. Early Dismissal from School:

- a. ALL practices & contests are canceled. *Athletes are expected to leave the building and go home with the rest of the student body.*

2. School Closed: (Calamity Day)

- a. If approved by the school administration, HS practices or contests may still proceed. However, practice times will likely be adjusted due to conditions.
- b. All practices or contests below the HS level will be canceled.
- c. Practices are on a “voluntary” basis. They cannot be mandatory.
- d. An administrative decision will generally be made by 12:00 noon and placed on the *Lake Sportsline: 419-661-6692 or sent via Honeywell Alert System. For Saturdays - decisions will be made as soon as possible.*
- e. The decision to play a HS contest is on a case by case situation (due to travel conditions).

D. SPRING SEASON

1. School closures due to fog generally will not cause any cancellations at the high school. However, fog closures at the middle school level may result in activities being canceled.
 - a. Activities may incur cancellations due to rainy or cold weather. Ice & snow conditions early in Spring season may also cause cancellations to practices.
2. The decision to cancel is generally made by 2:00 PM and placed on the *Lake Sportsline: 419-661-6692 or sent via Honeywell Alert System.*

9. COACH'S POLICIES

- A. Each coach is encouraged to set team rules in addition to the rules in the Athletic Handbook. Rules and penalties for tardiness, curfew violations, inappropriate practice/game dress, and misconduct are examples of acceptable coach's guidelines. These rules should be given in writing to all athletes, parents and the Athletic Director at the beginning of each season.

10. COLLEGE RECRUITMENT POLICY

- A. In the event an athlete should be contacted personally by a college recruiter, he/she has an obligation to work through his/her coach and the athletic department. Inform your coach of such a contact as soon as possible.

11. CONDUCT OF AN ATHLETE

A. EXPECTATIONS

1. A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the Athletic Department. The community, the school administrators, and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The welfare of the student is our major consideration and transcends any other consideration.
2. The conduct of an athlete is closely observed in many areas of life. It is important that your behavior be above reproach in all of the following areas:
3. In the classroom - In the academic area, a good athlete becomes a good student. A person cannot be a classroom laggard and think he/she can be an outstanding athlete. If you are lazy in class, you will be lazy on the practice field, floor, or mat, and will never reach your full potential. As an athlete, you must plan your schedule so that you give sufficient time and energy to your studies to insure acceptable grades.
4. In addition to maintaining good scholarship, an athlete should give respectful attention to classroom activities and show respect for other students and faculty at all times. Horseplay and unnecessary boisterousness are not approved habits of behavior.
5. School discipline referral - Any student referred to the office for a school rules violation may be denied the privilege of participation in all athletic activities for a period determined by either the coach or the Athletic Director.
6. On the field - In the area of athletic competition, a true athlete does not use profanity or illegal tactics, and learns fast that losing is part of the game. You should be gracious in defeat and modest in victory. It is always courteous to congratulate the opponent on a well-played game after the contest, whether in defeat or victory.

B. RESPONSIBILITIES OF A LAKE ATHLETE

1. Being a member of a Lake Local Schools athletic team is the fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic tradition is not built overnight. It takes the hard work of many people over many years. As a member of an interscholastic squad, you have inherited a wonderful tradition. A tradition you are challenged to uphold.

2. Our tradition has been to win with honor. We desire to win, but only with honor to our athletes, our school, and our community. Such a tradition is worthy of the best efforts of all concerned. Over many years, our squads have achieved a high level of success. Many individuals have set records and won All-League, District, and State honors.
3. It will not be easy to contribute to such a great athletic tradition. To compete for your school, you will have to say “no” to pleasures an athlete cannot afford. When you wear the Navy Blue, we assume that you not only understand our traditions, but also are willing to assume the responsibilities that go with them. However, the contributions you make should be a satisfying accomplishment to you and your family.

C. RESPONSIBILITIES TO YOURSELF

1. The most important of these responsibilities is to broaden yourself and develop strength of character. You owe it to yourself to get the greatest possible good from your school experiences. Your studies, your participation in other extra-curricular activities, as well as in sports, prepare you for life as an adult.

D. RESPONSIBILITIES TO YOUR SCHOOL

1. Another responsibility you assume as a squad member is to your school. Lake Local Schools cannot maintain its position of having outstanding programs unless you do your best in whatever activity you wish to engage. By participating in athletics to the maximum of your ability, you are contributing to the reputation of your school.
2. You assume a leadership role when you are on an athletic squad. The student body and the citizens of the community know you. You are on the stage, with the spotlight on you. The student body, the community, and other communities judge our school by your conduct and attitudes, both on and off the field. Because of this leadership role, you can contribute greatly to school spirit and community pride. Make Lake proud of you, and your community proud of your school by your faithful exemplification of these ideals.

E. RESPONSIBILITIES TO OTHERS

1. As a squad member, you also bear a heavy responsibility to your home. You should never give your family anything of which to be ashamed. You must measure up to all of the training rules. You should practice to the best of your ability every day. If you have played the game “all out”, you can keep your self-respect, and your family can be justly proud of you. The younger students in the Lake Local School District are watching you. They will copy you in many ways. Do not do anything to let them down. Set good examples for them.

F. CONSEQUENCES

1. All athletes shall abide by a code of conduct, which will earn them the honor and the respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonor to the athlete, the team, or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to, theft, vandalism, disrespect, immorality, or violations of law, tarnish the reputation of everyone associated with the school and will not be tolerated. The coach and/or the Athletic Director will determine consequence(s) for these types of violations. Consequences may involve any of the following, but not limited to:
 - a. Extended physical conditioning, or practice time.
 - b. Community service as assigned.
 - c. Suspension from practice(s) / contest(s).
 - d. Loss of any leadership position for remainder of school year.
 - e. Loss of awards, honors, etc.
 - f. Removal from team.
 - g. Restitution.
 - h. Denial of participation.

G. DISCIPLINARY PROCEDURES

1. When school personnel learn that a student has violated or is suspected to have violated any rule, the Athletic Director and/or Principal (designee) shall be notified immediately. The investigation shall be initiated within 72 hours of notification.
2. The student may be temporarily removed from an athletic contest and/or practice by the Principal (designee), Athletic Director (designee), or coach responsible for supervision of the activity.
3. A review committee consisting of, but not limited to; the Coach, Athletic Director and/or Principal, will meet to investigate the violation. If the review committee feels action beyond temporary removal is warranted, the Athletic Director or designee shall inform the student and/or the parent of the specific violation and possible penalty.
4. An informal hearing with the student and the review committee will be held.
5. Violations shall be determined based on the totality of all reasonable, available evidence. The review committee shall have the authority to hear testimony, receive sworn statements and evidence, and take any other reasonable actions necessary to reach a decision.
6. The Athletic Director will inform the student and the parents of the review committee's decision.
7. The review committee's decision may be appealed to the Building Principal. Final appeals may be made to Superintendent/Designee. The decision of the Superintendent/Designee is final.
8. During an appeal, the student may practice, but may not participate in any official activity pending the outcome of the hearing.

12. CONFLICTS

A. MULTIPLE SPORT PARTICIPATION

1. An individual student who attempts to participate in too many extra curricular activities will, undoubtedly, be in a position of a conflict of obligations. Athletes (grades 7-12) may only participate in (1) sport per season.
2. Students have a responsibility to do everything they can to avoid a continuous conflict. This would include being cautious about belonging to too many activities where conflicts are bound to happen. It also means notifying the faculty sponsors involved immediately when a conflict does arise.

13. CONCERNS/COMPLAINTS

- A. With few exceptions, the chain of command should be followed in dealing with problems, questions, or complaints. *Do not confront coaches before or after contests or practice.* Call to set-up an appointment with the coach. If a meeting with coach did not result in a satisfactory resolution, then call to set-up an appointment with the Athletic Director. Failure to follow chain of command will only delay any resolution. The chain of command is as follows:

1. Direct Coach
2. Head Coach
3. Athletic Director
4. Principal
5. Superintendent
6. Board of Education

- B. Inappropriate Issues to Discuss with Coaches:

1. Game strategy or play calling.
2. Other student athletes.

14. CONTACT INFORMATION

- A. Contact phone numbers & email addresses for coaches and related athletic administration can be found on the school athletic web page: www.lakelocal.k12.oh.us under “athletics.”

15. DROPPING SPORTS POLICY

- A. An athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed:
1. Immediately talk with your coach.
 2. Check in all equipment issued to you.
 3. Permission by the Head Coach & Director of Athletics is required to work out in another program and must be for legitimate reasons.

16. DRUG, ALCOHOL, AND TOBACCO POLICY

A. PHILOSOPHY

The policy is designed to help students and parents cope with drug, alcohol, and tobacco use. Therefore, the policy is in place to provide guidelines for each student/family to receive assistance as needed. Accordingly, the policies established by the Lake Schools’ administration are based upon the following beliefs:

1. We believe that there is no such thing as responsible use of controlled substances/mood altering chemicals, alcohol, or tobacco by any high school student. Adolescent use is not only against the law - it jeopardizes the student’s health and safety, and it inhibits attainment of individual potential. Therefore, any use of controlled substances/mood-altering drugs, alcohol, or tobacco by student athletes will not be tolerated.
2. We believe that participation in athletics is a privilege, not a right. Student athletes are in a highly visible setting of leadership and/or competition/performance. Therefore, these student athletes will be held to a higher accountability of conduct and behavior than the student who chooses neither to participate nor to represent Lake Schools.
3. We believe that the school’s ignoring a rumor implies consent. Therefore, all reports, information, or rumors will be investigated by coaches, advisors, and/or administration.
4. We believe that the parent(s)/guardian(s)/custodian(s) of a student athlete have a right to be informed. Therefore, the parent(s)/guardian(s)/custodian(s) will be contacted regarding findings by school staff.
5. We believe that violating the Drug Policy in a school or community setting reflects poorly on the individual, family, team/organization, and school. Therefore, violations of this nature will carry penalties in regard to competition/contests/performances.
6. We believe that participation is better than exclusion. Therefore, first offense violations allow the student to remain a member of a team as long as he/she follows the assistance recommendations.
7. We believe that the school nurse, trainer, team doctors, coaches, and guidance departments are interrelated. Therefore, these departments must share information in an effort to promote a lifestyle among students that is drug, alcohol, and tobacco free. Professional judgment will be used regarding the sharing of confidential information shared with school staff; however, we believe that when all resources are called upon for assistance, more help can be provided to the student.

B. PURPOSE

1. To provide a healthy and safe environment to all student athletes participating in the athletic program.
2. To discourage or provide a deterrence for all student athletes from using drugs and alcohol.
3. To provide solutions for the student athlete who does use drugs and alcohol.
4. To provide the athletic department with guidelines and disciplinary policies for violations of the drug free policy.

C. DEFINITIONS

1. Student Athlete - Any person participating in the junior or senior high school athletic program and/or contests under the control and jurisdiction of the Lake Local School District and/or the Ohio High School Athletic Association.
2. Athletic Season - In-season start dates will begin as published by the Ohio High School Athletic Association or sanctioning organization and continue until the completion of all contests for that sport for the Lake Local Schools.
3. Random Selection - A system of selecting athletes for drug and alcohol testing in which each athlete shall have a fair and equitable chance of being selected each time selections are required.
4. Illegal/Illicit Drugs - Any substance included in USC 802 (6), in which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescription drugs obtained without authorization and all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided by in the prescription or by the manufacturer.
5. Alcohol - Any intoxicating liquor, alcohol, wine, beer, mixed beverage, or malt liquor/beverage, as defined in the Ohio Revised Code Section 4301.01. The term "alcoholic beverages" includes any liquid or substance, such as "near beer", which contains alcohol in any proportion or percentage. The term "alcoholic beverage" does not include a substance used for medical purposes in accordance with directions for use provided in a prescription or by the manufacturer, and in accordance with school district policy and rules related to the use of prescription and non-prescription drugs, providing the substance is (a) authorized by a medical prescription from a licensed physician and kept in the original container, which container shall state the student's name and directions for use or (b) an over-the-counter medicine.
6. Assessment - A program operated by a certified chemical dependency counselor or at any agency certified by the Ohio Dept. of Alcohol and Drug Addiction Services, or a licensed physician trained in chemical dependency.
7. Possession - Having control over an item.
8. Trafficking - Sell, offer to sell, distribute, possess with intent to distribute, cultivate, manufacture, or otherwise engage in any part of the production of a controlled substance.
9. Controlled Substances - Means a drug, compound, mixture, preparation, or substance included in Schedule I, II, III, IV, or V established pursuant to the Ohio Revised Code.
10. Mood-Altering Chemicals - Includes, without limitation, narcotics, depressants, stimulants, hallucinogens, counterfeit drugs, marijuana, alcohol, and any common substance such as "white-out", glue, gasoline, etc., used for its mood-altering effect. Prescription drugs are included in this, unless authorized by a medical prescription from a licensed physician and kept in the original container, which container shall state the student's name and the directions for proper use.
11. Paraphernalia - Instruments such as pipes, roach clips, syringes, hypodermic needles, cocaine spoons or kits, and any other items normally or actually used for the packaging, conveyance, dispensation, or use of drugs will not be permitted on any school property or vehicle and will be subject to confiscation. Possession of drug paraphernalia will be treated the same as possession of a controlled substance.
12. Tobacco - All types of tobacco products, including smokeless.
13. Counterfeit Substance:
 - a. Any drug that bears, or whose container or label bears, a trademark, trade name, or another identifying mark used without authorization of the owner or rights to such trademark, trade name, or identifying mark.
 - b. Any unmarked or unlabeled substance that is represented to be a controlled substance/mood-altering chemical, manufactured, possessed, packed, or distributed by a person other than the person that manufactured, processed, packed, or distributed it.
 - c. Any substance that is represented to be a controlled substance/ mood-altering chemical, but is not a controlled substance/mood-altering chemical or is a different controlled substance/mood-altering chemical.

- d. Any substance other than a controlled substance/mood-altering chemical that a reasonable person would believe to be a controlled substance/mood-altering chemical because of its similarity in shape, size, and color or its markings, labeling, packaging, distribution, or the price for which it is sold or offered for sale.

D. TYPES OF TESTING

1. TEAM TESTING:

- a. At the beginning of each season, all athletes will submit to urine drug testing. This testing will be completed within the first two weeks of the season on a specified date and time pre-announced.
- b. All student athletes and their parent/guardian must properly sign the INFORMED CONSENT AGREEMENT prior to testing.
- c. The collection process will take place on school property or at the Board of Education approved testing facility.
- d. In the event that the athlete is absent from the pre-season testing, the athlete will submit to urine drug and alcohol testing at the Board of Education approved testing facility within five (5) calendar days of the scheduled pre-season team testing. Failure to do so will result in the athlete being denied participation for that season in any sport.
- e. Any student moving into the District shall be tested prior the time he/she joins a sport. In addition, any student trying out for a sport after the pre-season testing period, must test at the board approved facility within (3) calendar days.

2. RANDOM TESTING:

- a. In-season random testing will be done throughout the season. Each season there may be 20% of the athletes tested per random selection. An athlete may be randomly tested more than once per season.
- b. Once an athlete has participated in a sport they are subject to random testing throughout the school year, regardless of how many sports they participate in during the year.
- c. The Lake Local School District will employ an independent private agency to randomly select athletes for testing. This system may include computer generated random numbers or names or by pulling numbers from a pool of numbers equal to the number of eligible student athletes.
- d. Random testing is unannounced. The day, date, & time are selected by the Athletic Director. Random testing may be done weekly.

E. REFUSAL TO TEST

1. Any student athlete refusing or unable to submit a urine sample during a pre-season or random test will have 24 hours to produce a non-dilute sample at the approved Board of Education facility, at their own expense, with no cost reduction.
2. Failure to comply within the 24-hour period is an Athletic Handbook violation, which is equivalent to a 1st, 2nd, or 3rd offense violation of the Drug Policy (this is dependent upon any previous violations).

F. DRUGS FOR WHICH ATHLETES MAY BE TESTED: (but not limited to the following)

LSD - Alcohol - Marijuana – K2 Spice (Spice) - Amphetamines - Barbiturates - Nicotine Benzodiazepines - Methadone - Anabolic Steroids - Methaqualone Opiates - Cocaine - Propoxyphene (Darvon)

G. APPROVED BOARD OF EDUCATION TESTING FACILITY

1. The only facility in which the Lake Schools will accept test results from is:

GREAT LAKES BIOMEDICAL
 25660 Dixie Highway
 Perrysburg, OH 43551
 Office: (419) 872-5343 Fax: (419) 872-7464

2. This facility has on-call technicians 24 hours a day, 7 days a week to help working parents. Call ahead to notify them of your arrival. Testing done at this facility may be at the athlete's expense.
3. A parent/ guardian is required to accompany any minor under the age of 18 years old. If a parent/guardian is unable to accompany a minor, the parent may sign a waiver allowing the minor to test without adult supervision. These forms can be faxed from the facility.

H. COLLECTION PROCESS

The selected student will be notified to report to the collection site. A specimen of urine is collected following this process:

1. Random testing periods last for (1) hour. Pre-season testing follows posted schedule.
2. Drug testing area must be secured during the testing. Those not testing, must clear the area.
3. Only lab technicians and students will be witness to the test.
4. Privacy must be kept for all students.
5. The Informed Consent Agreement must be completed and signed by both parent/guardian and student, prior to testing.
6. When students arrive and cannot give a sample, they will need to start drinking water, pop, or juice. After 36 oz. the human body will need to urinate.
7. Any student who is taking a medication must notify the technician prior to testing and have the medication listed on the Informed Consent Agreement.
8. No bags, backpacks, purses, cups, containers or drinks will be allowed to enter the collection area. All coats, vests, jackets, sweaters, hats, scarves or baggy clothing must be removed before entering the collection site. Only pants and T-shirts or dresses may be worn in the collection area.
9. Students processed by the technician who cannot produce a sample will be kept in a secured area to wait until they can test. If they leave this area they may not be allowed to test. They are not to have contact with anyone until after they have tested.
10. Students will be asked to hold out their hands and a sanitizer will be put on their hands. The bathroom personnel will add a dye to the toilet.
11. Students will be asked to urinate directly into the collection cup given to them by the lab technician. The technician will stand outside the stall and listen for normal sounds of urination.
12. Any and all adulterations or diluted samples of the specimen will be detected and considered the same as a test refusal or drug policy violation. The lab checks samples for adulterations or diluted samples and requires a retest within 24 hrs, if so occurs.
13. Any suspicion of tampering with the sample will be brought to the tester's attention. The sample will be sent to the lab for immediate confirmation of tampering.

14. The sample must be taken in one attempt and be at least 30 ml in size. The student must hand the cup to the lab technician.
15. Students are not to flush the toilets. In the event that a student flushes the toilet, they will be required to give a new sample immediately or the sample will be invalid.
16. With the student watching, the technician will recap the sample and hand it to the student who must then return it to the technician. In the event the student does not hand the cup directly to the technician, the sample is invalid and a new sample must be taken. If the student leaves the collection area or walks out to talk with anyone, the sample will be invalid and the student will have to give another sample.
17. Any infringement of these rules will result in the student taking a retest.
18. This collection procedure is subject to change because of procedural requirements by the testing agency. The Lake Local School Board reserves the right to change the collection procedure to coincide with the testing guidelines as set forth by the agency.

I. CONSEQUENCES FOR VIOLATIONS OF DRUG POLICY:

POSSESSION OF ALCOHOL CONTROLLED SUBSTANCES/MOOD ALTERING CHEMICALS AND TOBACCO – OR POSITIVE TEST RESULT (Drugs, Alcohol, Tobacco)

1. FIRST OFFENSE:

- a. Loss of any leadership position in athletic activities for the remainder of the school year.
- b. Parent(s) will be called and a letter shall be mailed, or sent home with the student to the parent(s)/guardian(s) and a copy placed in the athlete's athletic file that alerts the athlete of the violation, and informs the athlete of the consequences of further violations.
- c. The athlete will have to make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Dept. of Health or the Ohio Dept. of Alcohol and Drug Addiction Services) for chemical dependency assessment, and then follow the recommendations of the counselor. *The parent/guardian is responsible for all expenses and for providing the Athletic Department with documentation that the athlete completed all recommendations of the counselor.*
- d. The athlete will be denied participation for a minimum of 20% of the regularly scheduled contests of the current sport season. This may include post-season contests or be extended through the next sport season. The parent/guardian and/or athlete may be required to meet with the Athletic Director, and/or the administrator to determine reinstatement. The athlete may be required, at parent/guardian expense, to submit to weekly testing for the remainder of the current athletic season.
- e. For tobacco, the denial of privilege may be reduced to 10% of the scheduled contests, if the athlete participates in a tobacco intervention/education program. The Athletic Director may reinstate the athlete upon evidence of participation in a tobacco intervention/education program. The participation in a tobacco intervention/education program is paid for by the parent(s)/guardian(s)/custodian(s) of the athlete.
- f. The denial of the privilege to compete will begin with the last contest in which the athlete has been eligible to compete, or the date on which a violation of the substance abuse policy has been determined.
- g. If the athlete does not comply with the counselor recommendations, or does not make reasonable progress towards completion of counseling, the student will be denied participation in interscholastic athletics until such counseling has been completed.
- h. Lake High School & Penta Vocational School have a certified chemical dependency counselors on-site. Most times, but not all the time, counseling can be done at the school at no cost to the parents.

2. SECOND OFFENSE

- a. The athlete is denied contest participation for one (1) calendar year from the date of notification or the violation. Coaches, at their discretion, may allow an athlete to practice with a team.
- b. The athlete will have to make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Dept. of Health or the Ohio Dept. of Alcohol and Drug Addiction Services) for chemical dependency assessment, and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the Athletic Department with documentation that the athlete completed all recommendations of the counselor.
- c. The parent/guardian and/or athlete may be required to meet with the Athletic Director, and/or the administrator to determine reinstatement.
- d. The athlete may be required, at parent/guardian expense, to submit to weekly testing for the remainder of the current athletic season.

3. THIRD OFFENSE

- a. The athlete is permanently denied participation in athletics in the Lake Local Schools.

J. SUSPENSION REQUIREMENTS – Drug Policy Suspension

1. Any student-athlete serving a suspension from an Athletic Handbook violation, must complete the entire season, for which they have chosen to participate. ***The suspension will not be considered served, if they fail to complete their season.*** In this case, the suspension will restart with the next season the athlete participates.
2. While serving the suspension, the athlete must attend all practices and contests. The student will travel with the team and be part of the team, at all times. However, the student may not be dressed in uniform during their suspension.

K. ROLL BACK PHASE

1. If a student-athlete incurs a positive drug test result, which violates the alcohol/drug policy, they may roll back or erase a violation step. This may only be done if the following conditions are met:
2. The athlete submits to the next (3) pre-season drug tests (Fall, Winter, Spring) regardless if they are participating in a sport and produce negative results with each test. These preseason tests must begin with the next available test, following the date of violation. Furthermore, the tests must be completed in succession.
3. The student-athlete is responsible for all drug testing expenses.
4. Completion of any drug/alcohol counseling sessions.

L. SELLING/ATTEMPTING TO SELL ALCOHOL TRAFFICKING IN CONTROLLED SUBSTANCES/MOOD-ALTERING CHEMICALS

1. FIRST OFFENSE :

- a. Student athletes who in any way aid or abet another student will be disciplined as if he/she were the principal offender.
- b. Parent(s) called and a letter shall be mailed or sent home with athlete to the parent(s)/guardian(s) and a copy placed in the athlete's file that alerts the athlete of the violation, and informs the athlete of the consequences of further violations.
- c. Dismissal from all athletics for the remainder of the school year.
- d. Information collected related to trafficking will be reported to appropriate law enforcement authorities.
- e. Any Additional Offense will result in permanent denial of participation in athletics in the Lake Local Schools.

M. REASONABLE SUSPICION

1. Reasonable suspicion is still part of the Athletic Handbook. Therefore, athletes who use alcohol, tobacco, or drugs will be subject to denial of participation. The Athletic Department reserves the right to enforce its policy based upon reasonable suspicion. Disciplinary action based on reasonable suspicion will be the responsibility of the Athletic Director and/or Principal.

N. DUE PROCESS

1. Each student who is in violation of the Drug, Alcohol, and Tobacco Policies will be afforded due process. The student will have the right of appeal of consequences to the building Principal.
2. This must be done, in writing, within 72 hours of the consequences being determined. All consequences will be enforced during the appeal period.
3. A final appeal may be made to the Superintendent of schools or his/her designee, in writing, within 72 hours of the consequences being determined. All consequences will be enforced during the appeal period.

O. VOLUNTARY REFERRAL OPPORTUNITY

1. Students have the opportunity for a voluntary referral procedure to seek information, guidance, counseling, and/or assessment in regard to the use or possession of tobacco, alcohol, and other controlled or non-controlled substances.
2. Voluntary referrals may be made by the student, his/her immediate family, or from a fellow student. Voluntary referrals will not carry violation consequences on the first offense only; however, it will be counted as a violation.
3. To avoid receiving a denial of participation, the student must complete an assessment and follow the recommendations of any evaluation or assessment. Completion of all assistance requirements must be within the time schedule established by Intervention Assistance.
4. The Voluntary referral can be made to the coach, counselor, administration or the substance abuse prevention coordinator.
5. Voluntary referral cannot be used by student participants as a method to avoid consequences of the Athletic Handbook and must be made within 72 hours of the violation. Voluntary referral must occur prior to any report of violations, and 72 hours prior to a random drug test. Involvement by law enforcement officials negates the option of voluntary referral.
6. The student may use the option of voluntary referral once in his/her career at Lake Middle School or Lake High School. Voluntary referral which results in no prohibition from participation is considered a first violation. Any subsequent violations will be enforced accordingly.
7. If the student requesting the voluntary referral opportunity does not complete the assessment recommendations by the established time schedule, the violation consequence will be put into effect immediately.

17. EJECTIONS / SPECTATOR BEHAVIORS

A. ATHLETE EJECTIONS FROM CONTESTS

1. By adoption of the Ohio High School Athletic Association (O.H.S.A.A.), any student/athlete ejected from an interscholastic contest for unsportsmanlike conduct or a flagrant foul shall be ineligible for contests for the remainder of that day as well as for all contests in that sport until two (2) regular season/tournament contests are played at the same level as the ejection (one contest in football). If the ejection occurs in the last contest of the season, the student/athlete shall be ineligible for the same period of time as stated above in the next sport in which the student/athlete participates. A student/athlete under suspension may not sit on the team bench, enter the locker room, or be affiliated with the team in any way traveling to, during, or traveling after the contest(s).

2. A student/athlete who has been ejected for unsportsmanlike conduct for the second time shall be suspended for the remainder of the season in that sport. A student who has been ejected for unsportsmanlike conduct for the second time in the season during the last contest shall be ineligible for a period of time/number of contests subject to the discretion of the Commissioner.
3. The period of ineligibility shall commence during the next sport in which the student participates. It is the responsibility of the local school authorities to ensure that this regulation is enforced. When an ineligible athlete is allowed to participate, forfeiture of the contest is mandatory. This regulation shall apply to all regular season and tournament contests, and shall in no way limit the discretionary authority of the Commissioner as specified in the O.H.S.A.A. Tournament Regulations. In accordance with O.H.S.A.A. Bylaw 8-3-1, the decisions of contest officials are final.

B. UNSPORTING BEHAVIOR @ CONTESTS

1. No member of any school-sponsored interscholastic athletics squad shall leave the 'playing area' in which a contest is being conducted and enter the spectator area of the facility to engage in any type of conflict – verbal or physical.
2. If a student-athlete leaves the 'playing area' and enters the spectator area of a facility to so engage a person, the minimum penalties shall be: The student-athlete's privileges to participate in interscholastic athletics shall be revoked and the student-athlete shall be ineligible for the remainder of the school year. (per O.H.S.A.A. – adopted 12/04).

C. SPECTATOR BEHAVIOR

1. We believe that each participant should be committed to upholding the ideals of good sportsmanship put forth in this document. It is in this spirit that the suggested disciplinary actions are proposed. We also recognize the importance of communication and cooperation between school officials when incidents of inappropriate behavior arise.
2. Partisan spectators, by their behaviors and reactions, determine to a large extent the reputation for sportsmanship of their school. Spectators should be reminded, and should keep in mind, that athletes are friendly rivals as members of opposing amateur teams. They are expected to be treated as such. Spectators should be reminded, too, that the contest should be between the teams engaged in the competition and not between their supporters. Inappropriate spectator behaviors:
 - a. Verbal/physical abuse of officials, team members, coaches, school officials or other spectators.
 - b. Being disrespectful towards officials, team members, coaches, school officials or other spectators through negative chants, signs and cheers.
 - c. Engaging opponent's student section.
 - d. Interruption of contest: Throwing objects on playing area, entering playing area, disruptive behaviors.
 - e. Inappropriate attire worn at athletic contests.
3. Suggested disciplinary actions for displaying inappropriate behaviors:
 - a. Removal from contest.
 - b. Conference/hearing with school officials.
 - c. Removal from all athletic activities or related for up to (1) calendar year.

18. ELIGIBILITY: O.H.S.A.A. & B.O.E. REGULATIONS

A. JR. HIGH ACADEMIC REGULATIONS

1. A student enrolling in the seventh grade for the first time will be eligible for participation in the first grading period regardless of previous academic achievement.

2. Starting with the first grading period and thereafter a 7th/8th grade student must be currently enrolled and have been enrolled in the preceding grading period and received passing grades during that grading period in a minimum of five (5) of those subjects in which the student received grades. (O.H.S.A.A. Policy)
3. The student must achieve a 1.50 G. P. A. or higher from the preceding grading period to be eligible. (Lake B.O.E. Policy)
4. Any student receiving an "I" or "incomplete" would have the "I" averaged as an "F" in determining eligibility.

B. HIGH SCHOOL ACADEMIC REGULATIONS

1. A student enrolling in the ninth grade for the first time must achieve a 1.50 G. P. A. or higher from the final grading period of their eighth grade year and received passing grades in a minimum of five (5) of those subjects in which the student received grades. to be eligible for athletic competition. (Lake B.O.E./O.H.S.A.A. Policy)
2. In order to be eligible in grades 9-12, a student must be currently enrolled and must have been enrolled in a minimum of five (1) credit courses the preceding grading period. During the preceding grading period, the student must have received passing grades in a minimum of five one-credit courses; physical education does not count as one of the one-credit courses. (O.H.S.A.A. Policy)
3. Post Secondary Option (PSO) students are still required to be enrolled & passing the equivalent of five (1) credit courses in the college/university they attend to be eligible for athletic participation.
4. The student must achieve a 1.50 G. P. A. or higher from the preceding grading period to be eligible. (Lake B.O.E. Policy)
5. Any student receiving an "I" or "incomplete" would have the "I" averaged as an "F" in determining eligibility. Make-up work to change a grade does not change the eligibility of an athlete, unless it is determined that the incomplete was the result of a long-term hospitalization or illness. A physician's note may be required.

C. ADDITIONAL ACADEMIC REGULATIONS

1. The eligibility or ineligibility of a student continues until the start of the fifth (5th) school day of the next grading period, at which time the grades from the immediately preceding grading period become effective. *EXCEPTION*: Eligibility or ineligibility of athletes for the first grading period begins with the start of the fall sports season.
2. An athlete may be permitted to try out for any sport or activity in which the number of participants is restricted by team selection.
3. An athlete can practice with a team or group, during their ineligibility period.
4. However, a student cannot participate in any athletic contest, scrimmage, or in exhibition situations during the period of ineligibility. (O.H.S.A.A. Policy)
5. A student who becomes ineligible in mid-season of a sport or activity can continue to practice with a team or group.

D. ACADEMIC PROBATIONARY PERIOD

1. If a student falls below a 1.50 G.P.A. at the end of a grading period, but meets the O.H.S.A.A. standards on the number of passing grades, they may become eligible at the mid-term grading period, if they achieve a 1.50 GPA on their 'Midterm Progress Report'.

E. AGE & SEMESTER REGULATIONS

1. Middle School: If a student enrolled in grade 7 or 8 attains the age of (15) before August 1st, the student shall be ineligible to participate in middle school athletics for the commencing school year. However the student would be eligible to participate in high school athletics for a period not to exceed (8) semesters, taken in order of attendance, whether the student participates or not.

2. High School: If a student enrolled in high school attains the age of (19) before August 1st, the student shall be ineligible to participate in high school athletics for the commencing school year.

F. NON-SCHOLASTIC PARTICIPATION

1. A student cannot be a member of a non-scholastic team and a member of an O.H.S.A.A. recognized sport team, sponsored by the B.O.E. of the same sport, during the same season.
2. Other rules governed by the O.H.S.A.A. apply to this participation. It is best advised to check with the athletic department or view online at ohsaa.org.

G. TRANSFERS/OPEN ENROLLMENT

1. There are many rules governed by the O.H.S.A.A. that apply to this area. It is best advised to check with the athletic department or view online at ohsaa.org.

19. EQUIPMENT & UNIFORM POLICY

- A. Uniforms - In several sports, the athlete will be required to purchase a portion of the game uniform, which will become their property.
- B. Equipment - All athletes are responsible for the proper care and security of equipment issued to them. All equipment not returned in good condition at the end of the season will be subject to a financial penalty.
- C. All equipment issued to a player is to be worn only at practice or scheduled games or scrimmages involving that particular sport. Exceptions must be approved by the coach (i.e.-jerseys).
- D. Before any item is attached, added to, removed from, or worn with a uniform that is issued to an athlete for a specific sport, the athlete must secure permission from the coach. Failure to do so will hold the athlete financially responsible.
- E. Each athlete is responsible for all equipment issued. Keep it clean and in the best possible condition. The Lake Local School District is not responsible for lost or stolen equipment. It is strongly suggested, athletes use a lock on athletic lockers to avoid theft. All athletic equipment is the property of the Board of Education and the Athletic Department. Therefore, school equipment may not be taken from the school building for the use of any other organization or for personal use. Any exception must be approved by the Coach or Director of Athletics.
- F. All equipment issued to an athlete must be returned at the end of the school season. Equipment that is not returned for any reason, or is damaged beyond normal wear and tear, must be paid for at REPLACEMENT cost. Replacement costs are extremely costly to the student. Many times to replace a single uniform can be 3-4 times the normal cost for ordering by bulk. Equipment is to be returned, or lost equipment paid for, within one week of the last contest of the sport. Any athlete who has not returned or paid for lost equipment will be denied the right to participate in athletics until the equipment is returned or paid for. In addition, the athlete may not receive his/her awards, grade card and/or diploma until this obligation has been met.
- G. Under certain circumstances, equipment (i.e.-uniforms) can be sold to team members at the end of the season. This sale will be controlled by the head coach and Director of Athletics. The price will be set by the Director of Athletics and will be the REPLACEMENT cost of the item. The money will be collected by the head coach prior to equipment being given to the athlete.

20. FINES/FEES

- A. Any athlete owing delinquent fines/fees can be denied tryout/participation privileges until such obligation has been met.
- B. In addition, grade cards and diplomas can be withheld until such obligation has been met.

21. FUNDRAISING

- A. The Athletic Department is funded through gate receipts collected at athletic contests and has the tremendous task of funding these athletic programs. With all of the expenses the Athletic Department has it makes it necessary for some individual programs to operate fundraisers with the athletes involved.
- B. These fundraisers are used to improve the quality of their program, such as; field equipment, instructional equipment, reductions of team wear costs to students, reductions of off-season camp/clinic costs to students, etc.

22. HAZING POLICY

- A. Hazing in athletic activities is prohibited. Hazing is defined as doing any act or coercing another, including the victim, to do any act of initiation toward any student or other organization that causes or creates a substantial risk for causing mental or physical harm to any person.
- B. No student athlete shall plan, encourage, or engage in physical harm to any person. No student athlete shall plan, encourage, or engage in any form of hazing in practices, competition, or performances. Permission, consent, or assumption of risk by an individual subject to hazing does not lessen the prohibition contained in this policy. The student athlete faces denied participation from athletics for violation of this policy.

23. INSURANCE STATEMENT

- A. Students participating in the athletic program must be protected by an accident insurance policy in one of the following ways: school insurance, or a school insurance waiver form signed by the parents stating that they have adequate insurance coverage.
- B. The O.H.S.A.A. has purchased a lifetime catastrophic insurance plan that will cover any athlete who is injured to the extent of, or more than \$25,000 in medical expenses. This is above what accident and health insurance carried by the family pays above \$25,000.

24. LEAGUE INFORMATION

- A. NORTHERN BUCKEYE CONFERENCE SCHOOLS:

<u>SCHOOLS</u>	<u>NICKNAMES</u>
EASTWOOD	EAGLES
ELMWOOD	ROYALS
FOSTORIA	REDMEN
GENOA	COMETS
LAKE	FLYERS
OTSEGO	KNIGHTS
ROSSFORD	BULLDOGS
WOODMORE	WILDCATS

- B. LAKE HIGH SCHOOL SPORTS: (grades 9-12)

B/G - CROSS COUNTRY	B/G - BASKETBALL
FOOTBALL	WRESTLING
GOLF	BASEBALL
B/G - SOCCER	SOFTBALL
VOLLEYBALL	B/G - TRACK
CHEERLEADING	

- C. LAKE MIDDLE SCHOOL SPORTS: (grades 7-8)

B/G - CROSS COUNTRY	B/G - BASKETBALL
FOOTBALL	WRESTLING
VOLLEYBALL	B/G - TRACK
CHEERLEADING	

25. LOCKER POLICY

- A. Lockers - Section 3313.20 of the Ohio Revised Code authorizes a Board of Education to adopt a policy, which authorizes a principal to search any student's locker, and the contents thereof, upon reasonable suspicion that the contents contain evidence of a criminal or school rule violation. Lockers remain the property of the Lake Local School District while on loan to students; and are, therefore, subject to supervision and inspection by school authorities when and where necessary. It is the student's responsibility to use lockers for school purposes only.
- B. Lockers are not to be used for articles, which may be of such nature as to be harmful, dangerous, in violation of school or legal restrictions, or disruptive to the school process. Such articles are subject to confiscation. Students are not permitted to mark or deface lockers. In such cases, the students breaking locker rules will be assessed a fine.

26. PARTICIPATION FORMS POLICY

- A. Before attending conditioning/training, practice/tryouts, camps/clinics each athlete must have on file in the office of the Athletic Director a completed Physical Card, Emergency Medical Form, and signed Athletic Handbook Informed Consent Agreement.
- B. ALL necessary forms can be found & downloaded from the school web site, under athletic department.

27. PHILOSOPHY - STATEMENT OF LAKE LOCAL SCHOOLS

- A. The Lake Local Schools Athletic Program should provide a variety of experiences to aid in the development of favorable habits and attitudes in students that will prepare them for adult life in a democratic society.
- B. The interscholastic athletic program shall be conducted in accordance with existing Board of Education policies, rules, and regulations. While the Board of Education takes great pride in winning, it does not condone "winning at any cost!" The Board discourages any and all pressures, which might tend to neglect good sportsmanship and good mental health. At all times the athletic program must be conducted in such a way so as to justify it as an educational activity.
- C. GOAL - The student athlete shall become a more effective citizen in a democratic society.
- D. SPECIFIC OBJECTIVES - The student athlete shall learn teamwork. To work with others in a democratic society, a person must develop self-discipline, respect for authority, and the spirit of hard work and sacrifice. Athletes must place the team and its objectives higher than personal desires.
 1. To have fun - The main reason people participate in sports and games.
 2. To be successful - Our society is very competitive. We do not always win, but we succeed when we continually strive to do so. You can learn to accept defeat only by striving to win with earnest dedication. Develop a desire to excel.
 3. Sportsmanship - To accept success and defeat like a true sportsman, knowing you have done your best. We must learn to treat others, as we would have others treat us. We need to develop desirable social traits, including emotional control, honesty, cooperation, and dependability.
 4. To improve - Continual improvement is essential to good citizenship. As an athlete, you must establish a goal and constantly try to reach that goal. Try to better yourself in the skills involved and in those characteristics set forth as being desirable. Enjoy athletics - It is necessary to acknowledge all of the personal rewards we derive from athletics, and to give sufficiently of ourselves in order to preserve and improve the program.
 5. To develop desirable personal health habits - To be an active, contributing citizen, it is important to obtain a high degree of physical fitness through exercise and good health habits, and to develop a desire to maintain this level of physical fitness after formal competition has been completed.

28. RISK OF PARTICIPATION STATEMENT

- A. All athletes and parents or guardians must realize the risk of serious injury, permanent disability or death, which may be a result of athletic participation. The Lake Local District will use the following safeguards to make every effort to eliminate injury:
1. Maintain a continuing education program for coaches to learn the most up-to-date techniques and skills to be taught in their sport.
 2. Instruct all athletes about the dangers of participation in the particular sport.

29. SOLICITING / SPECIAL EVENTS

- A. Every year the department receives requests to solicit funds at an athletic contest. It has been our experience that every request received has been from a hard working, legitimate group of volunteers. Unfortunately, our first priority is to maintain, support and certainly not hinder the fundraising efforts of our own athletic booster groups and programs. Therefore, every organization, whether it is affiliated with the school or not, must receive permission from the Director of Athletics to solicit funds or operate an activity at an athletic contest.

30. SPORTSMANSHIP

A. FOR STUDENT-ATHLETES

1. The Lake Local Schools Athletic Department believes that interscholastic competition, involving member schools of the Ohio High School Athletic Association (O.H.S.A.A.), should be governed by the basic principles of good sportsmanship. This document has been prepared to insure that all participants have a common understanding of those basic principles.
2. We believe that participation and winning are both important concepts. Participation rates are high in the junior high years, but decrease in the high school years as athletics become more competitive. We believe that students should be coached to play to the best of their ability, and to understand that to play well is to play honorably. The promotion of sportsmanship is the obligation of all school personnel (principals, athletic directors and coaches,) and is directed to the behavior of spectators, coaches and players.
3. Respect should be demonstrated for an athletic opponent and for their school at all times. Lake should treat visiting teams, and their supporters, as guests, and accord them the consideration all human beings deserve. Visiting schools should respect the property and dignity of their host school and its athletic teams.
4. Respect should be demonstrated for the officials at all times. Officials must be assumed to be, and accepted as, impartial arbiters, who are trained to do their job and can be expected to do the job to the best of their ability.
5. Knowledge of, and a proper respect for, the current rules of the contest should guide the behavior of all participants. Rules are essential for a fair contest. Good sportsmanship suggests the importance of conforming to the spirit, as well as the "letter" of the rules.
6. All participants should strive to maintain self-control at all times. The desire to win should not be accepted as a reason for abandoning rational behavior. All must maintain a proper perspective if the potential educational values of athletic competition are to be realized.
7. All participants should learn to recognize and appreciate skill in performance, regardless of affiliation. Recognition of the good performance of an opponent is a demonstration of generosity and good will that is encouraged in all member schools. In order for good sportsmanship to prevail, it is essential that all participants understand their individual responsibilities and expected modes of behavior before, during, and after contests.

B. FOR ADULTS

1. Over the last few years, the Ohio High School Athletic Association has strongly emphasized sportsmanship in athletics. You may have seen their logo “Be a good sport.” We continually emphasize to all our students and student athletes the importance of good sportsmanship. We are asking for your cooperation, and that of the coaches to set the example for good sportsmanship. Unfortunately, the poor behavior of a few reflects badly on all of us.
2. Coaches, and athletes, are only human, and they make mistakes. Yelling at them doesn’t solve anything and only makes matters worse. Help by doing positive cheering for our teams and not cheering negatively against our opponents. Don’t yell at other players; remember that you don’t like to have your son/daughter yelled at by fans.
3. The influence of television has convinced some that berating the officials somehow helps the cause. The television commentator tells us that the coach is “working the official.” For the sake of argument, let’s assume that this supposition has merit. Remember that the level of play that is witnessed on television is vastly different than high school. The athletes, coaches, and officials have a different motivation entirely for being there.
4. At the high school level, the official is the sole authority figure. The official has the power to eject athletes, coaches, fans, and administrators. The notion of “working the official” often times has the opposite effect and the calls seem to mount against you. If you were being treated badly by someone, would you go out of your way to please that person? Most officials work hard to make the contest fair for all concerned, and like athletes, coaches, administrators, and parents, they make mistakes - please give them a break. All of us together can make Lake the best sport around. BE A GOOD SPORT!

31. TRANSPORTATION POLICY

- A. All athletes are expected to ride to and from contests in a school bus. A parent/guardian may transport his or her child, with written permission from the parent/guardian, provided to the coach in advance.
- B. In special cases, a student may be granted permission to transport himself/herself to an athletic contest to facilitate his/her participation in another school function or family obligation. In these special cases, the Director of Athletics or designee must receive written permission from the parent/guardian at least 24 hours in advance.
- C. Requests may only be approved for legitimate reasons beyond the Athlete’s control.
- D. No special arrangements will be considered to accommodate work schedule conflicts.

32. WEIGHT ROOM

- A. The weight room is available for any athlete (grades 7-12) and is located in the Middle School Building. There is trained supervision after school, 4 times a week, 2:30-4:00 PM.

33. SCHOOL ADDRESSES / PHONE NUMBERS

Google address for directions:

Mileage & Time from Lake HS

Archbold High School: 445-2583 600 Lafayette Street, Archbold, Ohio 43502	53 miles	61 minutes
Bowling Green High School: 354-0200 530 W. Poe Road, Bowling Green, Ohio 43402	21 miles	28 minutes
Cardinal Stritch High School: 693-0465 3225 Pickle Road, Oregon, Ohio 43616	7 miles	10 minutes
Danbury High School: 798-4037 9451 E. Harbor Road, Lakeside Marblehead, Ohio 43440 \	47 miles	55 minutes
Delta High School: 822-3391 605 Taylor Street, Delta, Ohio 43515	31 miles	42 minutes
Eastwood High/Middle School: 833-3611 4900 Sugar Ridge Road, Pemberville, Ohio 43450	12 miles	19 minutes
Elmwood High/Middle School: 655-3420 7650 Jerry City Road, Bloomdale, Ohio 44817	30 miles	41 minutes
Evergreen High School: 644-2951 14544 County Road 6, Metamora, Ohio 43540	35 miles	45 minutes
Fostoria High School: 436-4110 1001 Park Avenue, Fostoria, Ohio 44830	30 miles	41 minutes
Fostoria St. Wendelin High School: 435-8144 533 N. Countyline Street, Fostoria, Ohio 44830	30 miles	40 minutes
Fremont St. Joe High School: 332-9947 702 Croghan Street, Fremont, Ohio 43420	28 miles	34 minutes
Genoa High/Middle School: 855-7735 2980 N. Genoa Clay Center Road, Genoa 43430	6 miles	10 minutes
Gibsonburg High/Middle School: 637-2873 300 S. Harrison Street, Gibsonburg, Ohio 43431	18 miles	25 minutes
Lakota High School: 986-5161 5186 County Road 13, Kansas, Ohio 44841	28 miles	36 minutes
Liberty Benton High School: 424-5351 9190 County Road 9, Findlay, Ohio 45840	45 miles	48 minutes
Maumee High School: 893-8778 1147 Saco Street, Maumee, Ohio 43537	12 miles	23 minutes
Mohawk High School: 927-6222 605 State Hwy. 231, Sycamore, Ohio 44882	50 miles	73 minutes
Northwood High/Middle School: 691-4651 700 Lemoyne Road, Northwood, Ohio 43619	3 miles	8 minutes
Oak Harbor High School: 898-6216 11661 W. State Route 163, Oak Harbor, Ohio 43449	18 miles	27 minutes

Old Fort High School: 992-4291 7635 N. County Road 51, Old Fort, Ohio 44861	34 miles	46 minutes
Otsego High/Jr. High School: 823-4911 18505 Tontogany Creek Road, Tontogany, Ohio 43565	23 miles	32 minutes
Perrysburg High School: 874-3181 13385 Roachtown Road, Perrysburg, Ohio 43551	11 miles	18 minutes
Perrysburg Jr. High: 874-9193 550 E. South Boundary Street, Perrysburg, Ohio 43551	8 miles	13 minutes
Rossford High/Jr. High School: 666-5262 701 Superior Street, Rossford, Ohio 43460	9 miles	13 minutes
Rossford Glenwood Elementary School: 666-8130 8950 St. Route 795 (Avenue Road), Perrysburg, Ohio 43551	5 miles	7 minutes
Swanton High School: 826-3045 601 N. Main Street, Swanton, Ohio 43558	26 miles	34 minutes
Sylvania Southview High School: 885-7936 7225 Sylvania Avenue, Sylvania, Ohio 43560	20 miles	28 minutes
Sylvania Northview High School: 885-7949 5403 Silica Drive, Sylvania, Ohio 43560	22 miles	31 minutes
Tiffin Calvert High School: 447-3844 245 Charlotte Street, Tiffin, Ohio 44883	42 miles	61 minutes
Tiffin Columbian High School: 447-6331 300 S. Monroe Street, Tiffin, Ohio 44883	42 miles	59 minutes
Wauseon High School: 335-5756 840 Parkview Street, Wauseon, Ohio 43567	41 miles	49 minutes
Woodmore High School: 862-2721 633 Fremont Street, Elmore, Ohio 43416	12 miles	20 minutes
Woodmore Elementary School: 849-2382 708 W. Main Street, Woodville, Ohio 43469	11 miles	14 minutes