

DRUG, ALCOHOL, AND TOBACCO POLICY LAKE LOCAL SCHOOLS

A. PHILOSOPHY

The policy is designed to help students and parents cope with drug, alcohol, and tobacco use. Therefore, the policy is in place to provide guidelines for each student/family to receive assistance as needed. Accordingly, the policies established by the Lake Schools' administration are based upon the following beliefs:

1. We believe that there is no such thing as responsible use of controlled substances/mood altering chemicals, alcohol, or tobacco by any high school student. Adolescent use is not only against the law - it jeopardizes the student's health and safety, and it inhibits attainment of individual potential. Therefore, any use of controlled substances/mood-altering drugs, alcohol, or tobacco by student athletes will not be tolerated.
2. We believe that participation in athletics is a privilege, not a right. Student athletes are in a highly visible setting of leadership and/or competition/performance. Therefore, these student athletes will be held to a higher accountability of conduct and behavior than the student who chooses neither to participate nor to represent Lake Schools.
3. We believe that the school's ignoring a rumor implies consent. Therefore, all reports, information, or rumors will be investigated by coaches, advisors, and/or administration.
4. We believe that the parent(s)/guardian(s)/custodian(s) of a student athlete have a right to be informed. Therefore, the parent(s)/guardian(s)/custodian(s) will be contacted regarding findings by school staff.
5. We believe that violating the Drug Policy in a school or community setting reflects poorly on the individual, family, team/organization, and school. Therefore, violations of this nature will carry penalties in regard to competition/contests/performances.
6. We believe that participation is better than exclusion. Therefore, first offense violations allow the student to remain a member of a team as long as he/she follows the assistance recommendations.
7. We believe that the school nurse, trainer, team doctors, coaches, and guidance departments are interrelated. Therefore, these departments must share information in an effort to promote a lifestyle among students that is drug, alcohol, and tobacco free. Professional judgment will be used regarding the sharing of confidential information shared with school staff; however, we believe that when all resources are called upon for assistance, more help can be provided to the student.

B. PURPOSE

1. To provide a healthy and safe environment to all student athletes participating in the athletic program.
2. To discourage or provide a deterrence for all student athletes from using drugs and alcohol.
3. To provide solutions for the student athlete who does use drugs and alcohol.
4. To provide the athletic department with guidelines and disciplinary policies for violations of the drug free policy.

C. DEFINITIONS

1. Student Athlete - Any person participating in the junior or senior high school athletic program and/or contests under the control and jurisdiction of the Lake Local School District and/or the Ohio High School Athletic Association.
2. Athletic Season - In-season start dates will begin as published by the Ohio High School Athletic Association or sanctioning organization and continue until the completion of all contests for that sport for the Lake Local Schools.
3. Random Selection - A system of selecting athletes for drug and alcohol testing in which each athlete shall have a fair and equitable chance of being selected each time selections are required.

4. **Illegal/Illicit Drugs** - Any substance included in USC 802 (6), in which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescription drugs obtained without authorization and all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use provided by in the prescription or by the manufacturer.
5. **Alcohol** - Any intoxicating liquor, alcohol, wine, beer, mixed beverage, or malt liquor/beverage, as defined in the Ohio Revised Code Section 4301.01. The term "alcoholic beverages" includes any liquid or substance, such as "near beer", which contains alcohol in any proportion or percentage. The term "alcoholic beverage" does not include a substance used for medical purposes in accordance with directions for use provided in a prescription or by the manufacturer, and in accordance with school district policy and rules related to the use of prescription and non-prescription drugs, providing the substance is (a) authorized by a medical prescription from a licensed physician and kept in the original container, which container shall state the student's name and directions for use or (b) an over-the-counter medicine.
6. **Assessment** - A program operated by a certified chemical dependency counselor or at any agency certified by the Ohio Dept. of Alcohol and Drug Addiction Services, or a licensed physician trained in chemical dependency.
7. **Possession** - Having control over an item.
8. **Trafficking** - Sell, offer to sell, distribute, possess with intent to distribute, cultivate, manufacture, or otherwise engage in any part of the production of a controlled substance.
9. **Controlled Substances** - Means a drug, compound, mixture, preparation, or substance included in Schedule I, II, III, IV, or V established pursuant to the Ohio Revised Code.
10. **Mood-Altering Chemicals** - Includes, without limitation, narcotics, depressants, stimulants, hallucinogens, counterfeit drugs, marijuana, alcohol, and any common substance such as "white-out", glue, gasoline, etc., used for its mood-altering effect. Prescription drugs are included in this, unless authorized by a medical prescription from a licensed physician and kept in the original container, which container shall state the student's name and the directions for proper use.
11. **Paraphernalia** - Instruments such as pipes, roach clips, syringes, hypodermic needles, cocaine spoons or kits, and any other items normally or actually used for the packaging, conveyance, dispensation, or use of drugs will not be permitted on any school property or vehicle and will be subject to confiscation. Possession of drug paraphernalia will be treated the same as possession of a controlled substance.
12. **Tobacco** - All types of tobacco products, including smokeless.
13. **Counterfeit Substance:**
 - a. Any drug that bears, or whose container or label bears, a trademark, trade name, or another identifying mark used without authorization of the owner or rights to such trademark, trade name, or identifying mark.
 - b. Any unmarked or unlabeled substance that is represented to be a controlled substance/mood-altering chemical, manufactured, possessed, packed, or distributed by a person other than the person that manufactured, processed, packed, or distributed it.
 - c. Any substance that is represented to be a controlled substance/ mood-altering chemical, but is not a controlled substance/mood-altering chemical or is a different controlled substance/mood-altering chemical.
 - d. Any substance other than a controlled substance/mood-altering chemical that a reasonable person would believe to be a controlled substance/mood-altering chemical because of its similarity in shape, size, and color or its markings, labeling, packaging, distribution, or the price for which it is sold or offered for sale.

D. TYPES OF TESTING

1. TEAM TESTING:

- a. At the beginning of each season, all athletes will submit to urine drug testing. This testing will be completed within the first two weeks of the season on a specified date and time pre-announced.

- b. All student athletes and their parent/guardian must properly sign the INFORMED CONSENT AGREEMENT prior to testing.
- c. The collection process will take place on school property or at the Board of Education approved testing facility.
- d. In the event that the athlete is absent from the pre-season testing, the athlete will submit to urine drug and alcohol testing at the Board of Education approved testing facility within five (5) calendar days of the scheduled pre-season team testing. Failure to do so will result in the athlete being denied participation for that season in any sport.
- e. Any student moving into the District shall be tested prior the time he/she joins a sport. In addition, any student trying out for a sport after the pre-season testing period, must test at the board approved facility within (3) calendar days.

2. RANDOM TESTING:

- a. In-season random testing will be done throughout the season. Each season there may be 20% of the athletes tested per random selection. An athlete may be randomly tested more than once per season.
- b. Once an athlete has participated in a sport they are subject to random testing throughout the school year, regardless of how many sports they participate in during the year.
- c. The Lake Local School District will employ an independent private agency to randomly select athletes for testing. This system may include computer generated random numbers or names or by pulling numbers from a pool of numbers equal to the number of eligible student athletes.
- d. Random testing is unannounced. The day, date, & time are selected by the Athletic Director. Random testing may be done weekly.

E. REFUSAL TO TEST

- 1. Any student athlete refusing or unable to submit a urine sample during a pre-season or random test will have 24 hours to produce a non-dilute sample at the approved Board of Education facility, at their own expense, with no cost reduction.
- 2. Failure to comply within the 24-hour period is an Athletic Handbook violation, which is equivalent to a 1st, 2nd, or 3rd offense violation of the Drug Policy (this is dependent upon any previous violations).

F. DRUGS FOR WHICH ATHLETES MAY BE TESTED: (but not limited to the following)

LSD - Alcohol - Marijuana – K2 Spice (Spice) - Amphetamines - Barbiturates - Nicotine Benzodiazepines - Methadone - Anabolic Steroids - Methaqualone Opiates - Cocaine - Propoxyphene (Darvon)

G. APPROVED BOARD OF EDUCATION TESTING FACILITY

- 1. The only facility in which the Lake Schools will accept test results from is:

GREAT LAKES BIOMEDICAL
25660 Dixie Highway
Perrysburg, OH 43551
Office: (419) 872-5343 Fax: (419) 872-7464
- 2. This facility has on-call technicians 24 hours a day, 7 days a week to help working parents. Call ahead to notify them of your arrival. Testing done at this facility may be at the athlete’s expense.
- 3. A parent/ guardian is required to accompany any minor under the age of 18 years old. If a parent/guardian is unable to accompany a minor, the parent may sign a waiver allowing the minor to test without adult supervision. These forms can be faxed from the facility.

H. COLLECTION PROCESS

The selected student will be notified to report to the collection site. A specimen of urine is collected following this process:

1. Random testing periods last for (1) hour. Pre-season testing follows posted schedule.
2. Drug testing area must be secured during the testing. Those not testing, must clear the area.
3. Only lab technicians and students will be witness to the test.
4. Privacy must be kept for all students.
5. The Informed Consent Agreement must be completed and signed by both parent/guardian and student, prior to testing.
6. When students arrive and cannot give a sample, they will need to start drinking water, pop, or juice. After 36 oz. the human body will need to urinate.
7. Any student who is taking a medication must notify the technician prior to testing and have the medication listed on the Informed Consent Agreement.
8. No bags, backpacks, purses, cups, containers or drinks will be allowed to enter the collection area. All coats, vests, jackets, sweaters, hats, scarves or baggy clothing must be removed before entering the collection site. Only pants and T-shirts or dresses may be worn in the collection area.
9. Students processed by the technician who cannot produce a sample will be kept in a secured area to wait until they can test. If they leave this area they may not be allowed to test. They are not to have contact with anyone until after they have tested.
10. Students will be asked to hold out their hands and a sanitizer will be put on their hands. The bathroom personnel will add a dye to the toilet.
11. Students will be asked to urinate directly into the collection cup given to them by the lab technician. The technician will stand outside the stall and listen for normal sounds of urination.
12. Any and all adulterations or diluted samples of the specimen will be detected and considered the same as a test refusal or drug policy violation. The lab checks samples for adulterations or diluted samples and requires a retest within 24 hrs, if so occurs.
13. Any suspicion of tampering with the sample will be brought to the tester's attention. The sample will be sent to the lab for immediate confirmation of tampering.
14. The sample must be taken in one attempt and be at least 30 ml in size. The student must hand the cup to the lab technician.
15. Students are not to flush the toilets. In the event that a student flushes the toilet, they will be required to give a new sample immediately or the sample will be invalid.
16. With the student watching, the technician will recap the sample and hand it to the student who must then return it to the technician. In the event the student does not hand the cup directly to the technician, the sample is invalid and a new sample must be taken. If the student leaves the collection area or walks out to talk with anyone, the sample will be invalid and the student will have to give another sample.
17. Any infringement of these rules will result in the student taking a retest.
18. This collection procedure is subject to change because of procedural requirements by the testing agency. The Lake Local School Board reserves the right to change the collection procedure to coincide with the testing guidelines as set forth by the agency.

I. CONSEQUENCES FOR VIOLATIONS OF DRUG POLICY:

POSSESSION OF ALCOHOL CONTROLLED SUBSTANCES/MOOD ALTERING CHEMICALS AND TOBACCO – OR POSITIVE TEST RESULT (Drugs, Alcohol, Tobacco)

1. FIRST OFFENSE:

- a. Loss of any leadership position in athletic activities for the remainder of the school year.
- b. Parent(s) will be called and a letter shall be mailed, or sent home with the student to the parent(s)/guardian(s) and a copy placed in the athlete's athletic file that alerts the athlete of the violation, and informs the athlete of the consequences of further violations.
- c. The athlete will have to make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Dept. of Health or the Ohio Dept. of Alcohol and Drug Addiction Services) for chemical dependency assessment, and then follow the recommendations of the counselor. *The parent/guardian is responsible for all expenses and for providing the Athletic Department with documentation that the athlete completed all recommendations of the counselor.*
- d. The athlete will be denied participation for a minimum of 20% of the regularly scheduled contests of the current sport season. This may include post-season contests or be extended through the next sport season. The parent/guardian and/or athlete may be required to meet with the Athletic Director, and/or the administrator to determine reinstatement. The athlete may be required, at parent/guardian expense, to submit to weekly testing for the remainder of the current athletic season.
- e. For tobacco, the denial of privilege may be reduced to 10% of the scheduled contests, if the athlete participates in a tobacco intervention/education program. The Athletic Director may reinstate the athlete upon evidence of participation in a tobacco intervention/education program. The participation in a tobacco intervention/education program is paid for by the parent(s)/guardian(s)/custodian(s) of the athlete.
- f. The denial of the privilege to compete will begin with the last contest in which the athlete has been eligible to compete, or the date on which a violation of the substance abuse policy has been determined.
- g. If the athlete does not comply with the counselor recommendations, or does not make reasonable progress towards completion of counseling, the student will be denied participation in interscholastic athletics until such counseling has been completed.
- h. Lake High School & Penta Vocational School have a certified chemical dependency counselors on-site. Most times, but not all the time, counseling can be done at the school at no cost to the parents.

2. SECOND OFFENSE

- a. The athlete is denied contest participation for one (1) calendar year from the date of notification or the violation. Coaches, at their discretion, may allow an athlete to practice with a team.
- b. The athlete will have to make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Dept. of Health or the Ohio Dept. of Alcohol and Drug Addiction Services) for chemical dependency assessment, and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the Athletic Department with documentation that the athlete completed all recommendations of the counselor.
- c. The parent/guardian and/or athlete may be required to meet with the Athletic Director, and/or the administrator to determine reinstatement.
- d. The athlete may be required, at parent/guardian expense, to submit to weekly testing for the remainder of the current athletic season.

3. THIRD OFFENSE

- a. The athlete is permanently denied participation in athletics in the Lake Local Schools.

J. SUSPENSION REQUIREMENTS – Drug Policy Suspension

- 1. Any student-athlete serving a suspension from an Athletic Handbook violation, must complete the entire season, for which they have chosen to participate. *The suspension will not be considered served, if they fail to complete their season.* In this case, the suspension will restart with the next season the athlete participates.
- 2. While serving the suspension, the athlete must attend all practices and contests. The student will travel with the team and be part of the team, at all times. However, the student may not be dressed in uniform during their suspension.

K. ROLL BACK PHASE

- 1. If a student-athlete incurs a positive drug test result, which violates the alcohol/drug policy, they may roll back or erase a violation step. This may only be done if the following conditions are met:
 - 1. The athlete submits to the next (3) pre-season drug tests (Fall, Winter, Spring) regardless if they are participating in a sport and produce negative results with each test. These preseason tests must begin with the next available test, following the date of violation. Furthermore, the tests must be completed in succession.
 - 2. The student-athlete is responsible for all drug testing expenses.
 - 4. Completion of any drug/alcohol counseling sessions.

L. SELLING/ATTEMPTING TO SELL ALCOHOL TRAFFICKING IN CONTROLLED SUBSTANCES/MOOD-ALTERING CHEMICALS

- 1. FIRST OFFENSE :
 - a. Student athletes who in any way aid or abet another student will be disciplined as if he/she were the principal offender.
 - b. Parent(s) called and a letter shall be mailed or sent home with athlete to the parent(s)/guardian(s) and a copy placed in the athlete’s file that alerts the athlete of the violation, and informs the athlete of the consequences of further violations.
 - c. Dismissal from all athletics for the remainder of the school year.
 - d. Information collected related to trafficking will be reported to appropriate law enforcement authorities.
 - e. Any Additional Offense will result in permanent denial of participation in athletics in the Lake Local Schools.

M. REASONABLE SUSPICION

- 1. Reasonable suspicion is still part of the Athletic Handbook. Therefore, athletes who use alcohol, tobacco, or drugs will be subject to denial of participation. The Athletic Department reserves the right to enforce its policy based upon reasonable suspicion. Disciplinary action based on reasonable suspicion will be the responsibility of the Athletic Director and/or Principal.

N. DUE PROCESS

- 1. Each student who is in violation of the Drug, Alcohol, and Tobacco Policies will be afforded due process. The student will have the right of appeal of consequences to the building Principal.

2. This must be done, in writing, within 72 hours of the consequences being determined. All consequences will be enforced during the appeal period.
3. A final appeal may be made to the Superintendent of schools or his/her designee, in writing, within 72 hours of the consequences being determined. All consequences will be enforced during the appeal period.

O. VOLUNTARY REFERRAL OPPORTUNITY

1. Students have the opportunity for a voluntary referral procedure to seek information, guidance, counseling, and/or assessment in regard to the use or possession of tobacco, alcohol, and other controlled or non-controlled substances.
2. Voluntary referrals may be made by the student, his/her immediate family, or from a fellow student. Voluntary referrals will not carry violation consequences on the first offense only; however, it will be counted as a violation.
3. To avoid receiving a denial of participation, the student must complete an assessment and follow the recommendations of any evaluation or assessment. Completion of all assistance requirements must be within the time schedule established by Intervention Assistance.
4. The Voluntary referral can be made to the coach, counselor, administration or the substance abuse prevention coordinator.
5. Voluntary referral cannot be used by student participants as a method to avoid consequences of the Athletic Handbook and must be made within 72 hours of the violation. Voluntary referral must occur prior to any report of violations, and 72 hours prior to a random drug test. Involvement by law enforcement officials negates the option of voluntary referral.
6. The student may use the option of voluntary referral once in his/her career at Lake Middle School or Lake High School. Voluntary referral which results in no prohibition from participation is considered a first violation. Any subsequent violations will be enforced accordingly.
7. If the student requesting the voluntary referral opportunity does not complete the assessment recommendations by the established time schedule, the violation consequence will be put into effect immediately.